



## **NOVEMBER 21ST-28TH 2025**

AKASHA RETREAT CENTER
ITAIPAVA - RIO DE JANEIRO - BRAZIL

WWW.UNIRETREATS.ORG







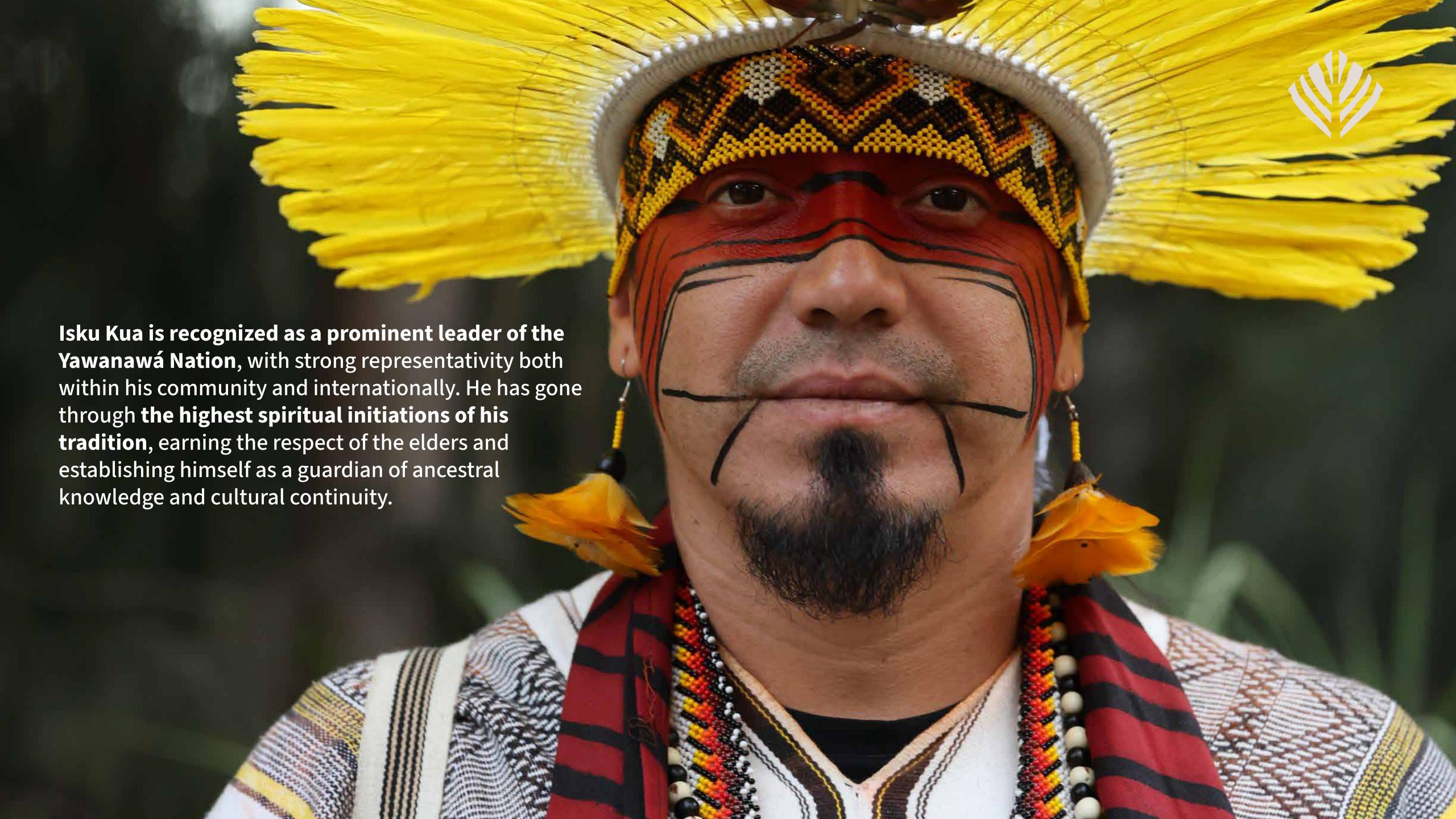


For this journey, Isku Kua will be accompanied by his family and a circle of young spiritual leaders, forming a group of 10 Yawanawá who embody the living strength of the forest. His family lineage carries profound ancestral knowledge: guardians of sacred songs, traditional healing practices, and ceremonial leadership that has been passed down for generations. Alongside them, the younger generation brings the freshness of renewal — voices, prayers, and visions that ensure the continuity of Yawanawá culture and spirituality into the future.

Together, they represent the union of experience and youth, tradition and renewal, standing as a bridge between ancient forest wisdom and the urgent calls of our present time.















He holds degrees in **Psychology and Political Science**, and also studied **Theology**, integrating academic knowledge with Indigenous wisdom. Beyond his spiritual leadership, Wakia has founded and developed **NGOs and charitable organizations** in various communities, dedicated to service and collective wellbeing.

As an **activist**, he has stood on the frontlines defending **Native rights** as well as **environmental and ecological causes**, bringing his strength and voice to global movements. His life's work is focused on **empowering people** to recognize and understand their own capacities, awakening strength, awareness, and clarity to transform their lives.





Daiara Hori Figueroa Sampaio, Duhigô, Tukano (traditional name Duhigô), is an Indigenous artist, educator, and communicator from the Tukano – Yé'pá Mahsã people. She holds a Master's degree in Human Rights, is a researcher on the right to memory, and is recognized for her works of great visual and political impact.

She painted the largest urban mural ever created by an Indigenous woman in the world and has received awards such as the **PIPA Prize** and the **Prince Claus Award** from the Netherlands. Her path between the village and the city is marked by her firm role as a guardian of culture and by an artistic language that reveals the beauty and strength of another possible world.

Patricia Ellen is a leader in economic development and systemic approaches to innovation, social impact, and sustainability, with an extensive career across both the public and private sectors. She served as Secretary of Economic Development, Science, and Technology for the State of São Paulo (2019–2022), where she coordinated sustainable development policies, digital inclusion initiatives, and the pandemic response to Covid-19, bringing together science, technology, and public management to save lives. She has also worked as a partner at McKinsey & Company and as an executive in the private sector, always focusing on strategies for transformation and human development.

Currently, Patricia is **President of Systemiq in Brazil**, **founder of Aya Earth Partners**, and President of its Institute, bringing together more than **100 private**, **public**, **and social organizations and leaders around ecological transformation**. Her work promotes regenerative economic models, nature-based solutions, and decarbonization strategies. Recognized as **a Young Global Leader by the World Economic Forum**, Patricia's mission is to integrate ancestral wisdom, spirituality, and positive impact, inspiring organizations and individuals to co-create a more just, sustainable, and conscious future.







**Tainá Santos** is a **singer, songwriter, and percussionist** born in Embu das Artes, São Paulo. Raised in the spiritual traditions of the terreiro, from the age of seven she learned to listen to and play the drums as ancestral voices. Today, in addition to her artistic career, she is an entrepreneur and founder of **the Elevador Creative Studio**, where she manages her own musical journey.

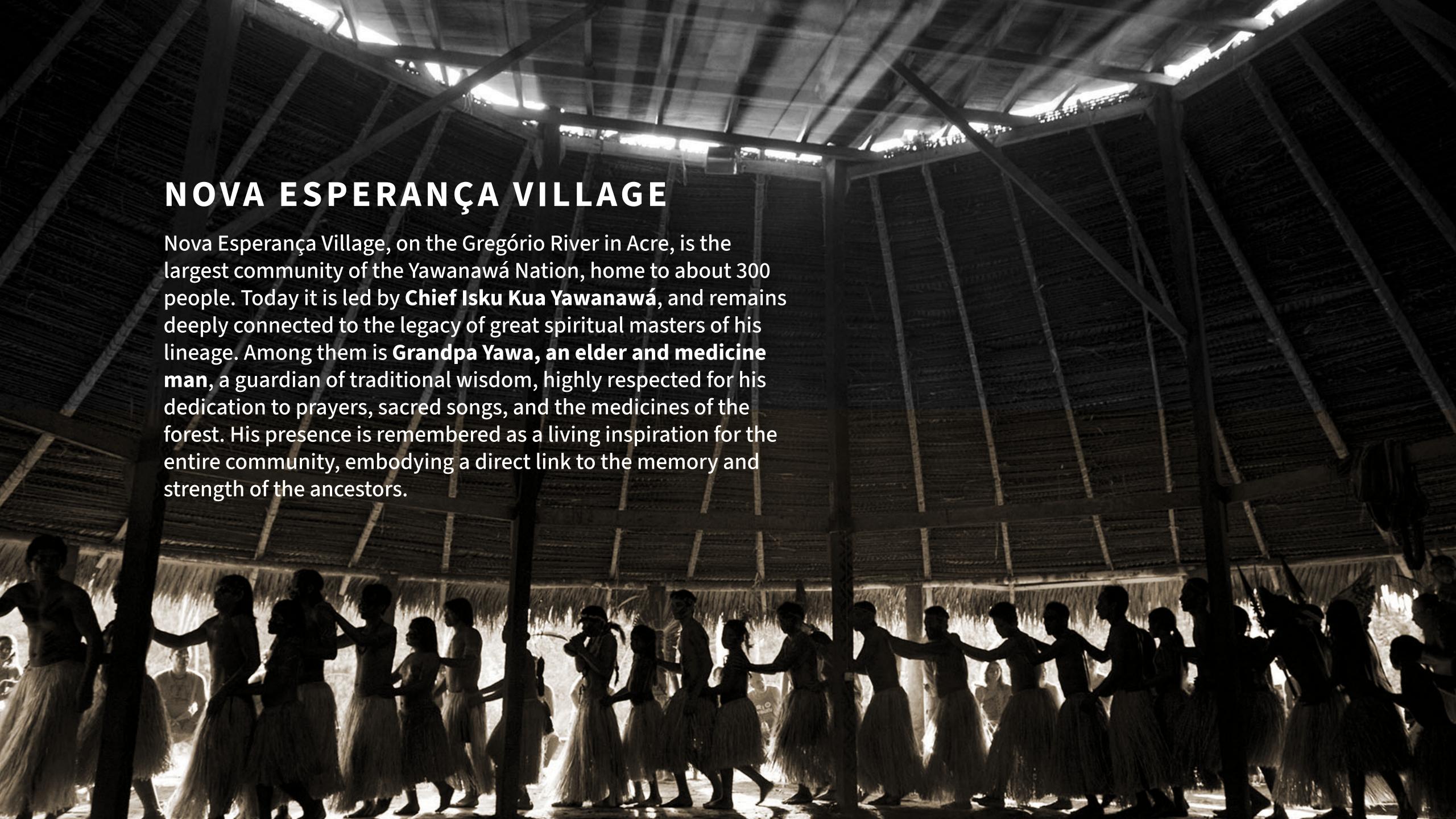
Her music is rooted in **Afro-Brazilian spirituality**, flowing through the body and affirming the dignity of Black cultures. Blending traditional rhythms with contemporary sounds, **her art builds bridges between past, present, and future,** echoing ancestral memories while opening paths of renewal and cultural resistance.

Gui Alves is a world-class Brazilian multi-instrumentalist, scientific researcher at UFRJ, integrative music therapist, and joyful educator. A dedicated practitioner of Ayurveda and Yoga, he has traveled to more than 12 countries offering concerts, retreats, and innovative workshops that use music as a platform for human connection, well-being, and self-discovery.

Creator of Circular Music Workshops, where playful musical games, Brazilian rhythms, body percussion, and mindfulness become tools for creativity and collective expression, and Integrative Breathwork & Sound Journeys, blending music therapy, yoga, and neuroscience to explore the healing potential of breathing, sound, and emotion, Gui designs multidisciplinary programs that unite art, science, and spirituality — offering transformative experiences in Brazil and across the globe.

www.pazciencia.com.br



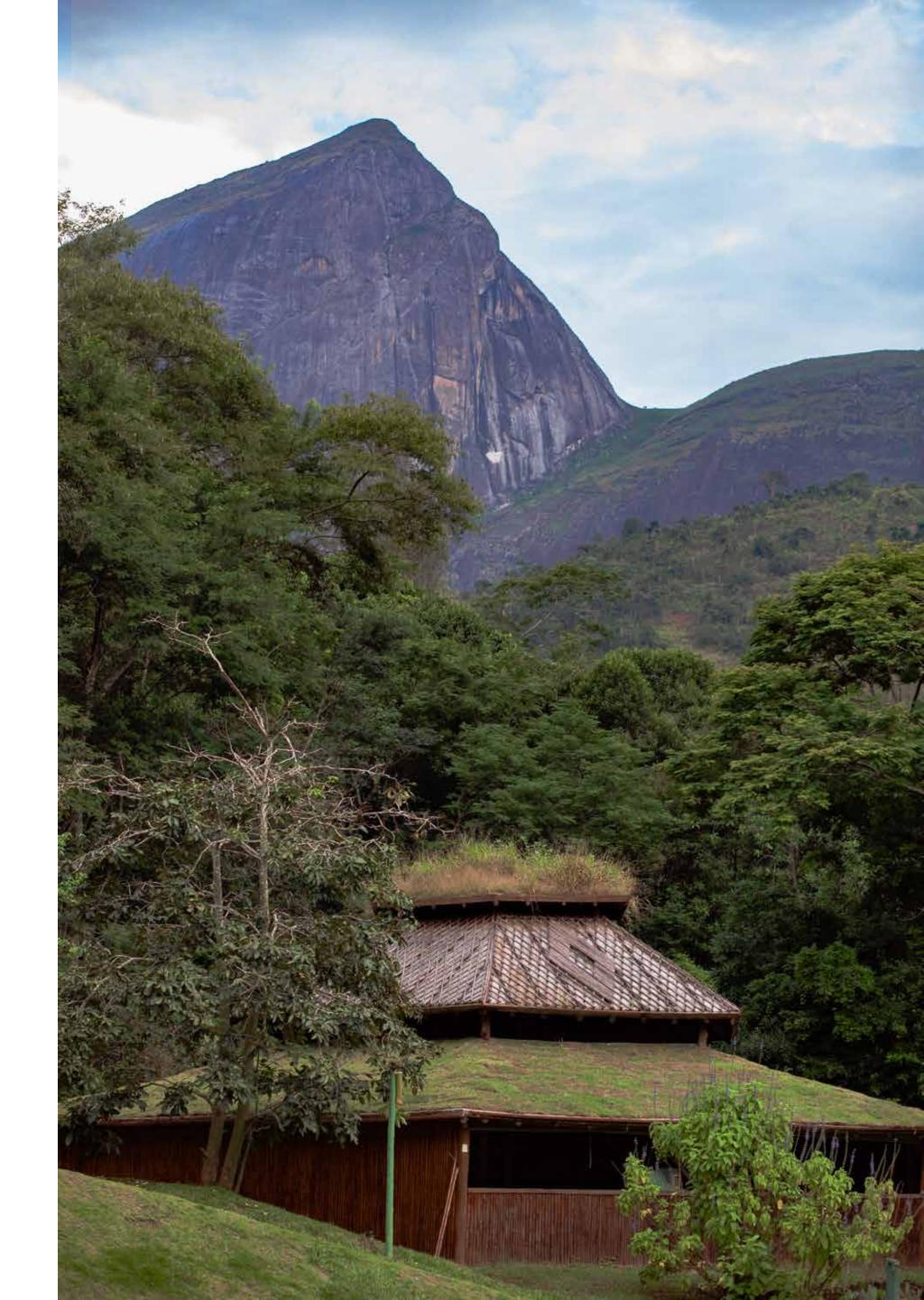








Each retreat is **limited to a group of up to 45 participants**, ensuring care, attention, and depth throughout the experience. Nestled in the mountains of Itaipava, the **Akasha Retreat Center** offers a perfect balance of nature and comfort: **eco-built bungalows designed with charm and warmth, healthy meals prepared with fresh, local ingredients**, along with a traditional herbal sauna and a **crystal-clear natural pool**. A space created to nourish body, mind, and spirit in harmony with the forest.





### WEEK RETREAT PROGRAM

#### NOVEMBER 21 - FRIDAY

- Group meeting in Rio de Janeiro. Transfer from Rio to the mountains of Itaipava Akasha Retreat Center (1:30-2:00 hour drive).
- Afternoon: Introduction to the retreat and Lakota teachings on the Indigenous perspective of spiritual experiences.
- Evening: Purification in the Inipi sweat lodge in the Lakota tradition.

#### NOVEMBER 22 – SATURDAY

- Morning: Face painting.
- Afternoon: Integration circle.
- Evening: 1st Uni (Ayahuasca) ceremony, with Hapé and Sananga.

#### NOVEMBER 23 – SUNDAY

- Afternoon: Workshop with Daiara Tukano.
- Evening: Musical presentation with Gui Alves and João Harres.

#### NOVEMBER 24 – MONDAY

- Morning: Spiritual and cultural activities with the Yawanawá.
- Afternoon: 2nd Uni (Ayahuasca) ceremony, with Hapé and Sananga.

#### NOVEMBER 25 – TUESDAY

- Morning: Visit and care of the Forest-Garden (Agroforestry).
- Afternoon: Lakota Teachings.

#### NOVEMBER 26 – WEDNESDAY

- Morning: Workshop with Patricia Ellen.
- Afternoon: Spiritual and cultural activities with the Yawanawá.
- Evening: 3rd Uni (Ayahuasca) ceremony, with Hapé and Sananga.

#### NOVEMBER 27 - THURSDAY

- Afternoon: Integration circle.
- Evening: Musical show and celebration with Tainá Santos.

#### NOVEMBER 28 - FRIDAY

- Afternoon: Collective transport from Akasha Retreat Center back to Rio de Janeiro for those returning.

<sup>\*</sup> The program is subject to change.

In addition to the ceremonies the retreat will also include:

Spiritual teachings, traditional activities, hapé (tobacco snuff, storytelling circles, face and body paintings, herbal sauna, daily breakfast, lunch and dinner.

#### RETREAT INCLUDES:

- Interview and integration with Uni Retreats specialized psychologists;
- Land transportation from Rio de Janeiro to Aldeia Akasha in Itaipava;
- 7 nights accommodation in shared rooms at the Akasha Retreat Center (up to 3 people per room);
- 3 daily meals at Aldeia Akasha;
- Participation in all medicine ceremonies and sweat lodges.
- English/Portuguese Translators;
- Collective ground transportation from the Akasha Retreat Center back to Rio de Janeiro.

## SERVICES AVAILABLE AT AN ADDITIONAL COST:

- Individual sessions with Indigenous leaders;
- Post-retreat follow-up consultation with specialized psychologists;
- Private transfer from Rio de Janeiro (GIG airport) to the Retreat Center
- Laundry service during your stay
- Massage and body therapies with experienced therapist
- Private accommodation upgrade (single or double room option)

### REGISTRATION

Click the link to sign up:

JOIN US

# AKASHA RETREAT CENTER ITAIPAVA - RIO DE JANEIRO

In the mountains of **Itaipava**, less than 2 hours away from Rio de Janeiro's international airport, **Akasha Retreat Center** is the perfect environment for deep healing immersions with indigenous leaders and plant medicines. The spaces especially built for our spiritual retreats integrate beautifully with Its lush vegetation, rivers, natural pools and waterfalls.

All facilities on the land follow principles of bioconstruction, for sustainability and integration with nature, and **sacred geometry**, to potentialize energetic flow. Our bungalows offer the comfort of an Eco-Resort, and the space also includes an herbal steam sauna with natural organic herbs from Akasha's own garden.

#### **COMMON AREAS INCLUDE:**

Kupixawa (Ceremonial Center) - Geodesic dome - Waterfalls - Natural pools - Herbal sauna - dining hall – Bungalows











